



Explore Nashville: Indoor Fun

Climb Nashville - A fitness, yoga and rock climbing facility with fun activities for the entire family. Fill out the waiver on their website before going.

Website: <https://www.climbnashville.com>

Address: 3600 Charlotte Ave., Nashville, TN 37209 (About 3 miles from Sheraton)

Phone: (615) 463-7625

Hours: Open from 5 a.m. – 10 p.m.

Tickets: Day passes with different options for youth & adults range from \$15-30

Escape Experience – Choose your mission and see if you can escape in less than 60 minutes!

Website: <https://escapeexperiencenashville.com/>

Address: 501 Union Street, Nashville, TN 37219

Phone: (615) 891-7929

Hours: Sunday 12 pm – 10 pm; Monday – Saturday 9 am – 10 pm

Tickets: \$28 per person plus tax

The Goo Goo Shop and Dessert Bar – Check out this store, south of Broadway, for delicious handmade chocolate treats. The store also sells its own merchandise, has a small café and even offers chocolate making classes.

Website: <https://googoo.com/find/downtown-nashville/>

Address: 116 3rd Avenue South, Nashville, TN

Phone: (615) 490-6685

Hours: Shop is open from 10 am – 7 pm; Dessert bar is open 11:30 a.m. – 6:30 p.m.

Sky High Sports – This indoor trampoline court has dodgeball, free jump, and more!

Website: <https://nas.skyhighsports.com/>

Address: 5270 Harding Pike, Nashville, TN 37217

Hours: Sunday - 12:00pm - 8:00pm

Monday - 11:00am - 9:00pm

Tuesday - 4:00pm - 9:00pm

Wednesday - 4:00pm - 9:00pm

Thursday - 4:00pm - 9:00pm

Friday - 11:00am-11:00pm

Saturday - 11:00am - 11:00pm

Tickets: Monday – Thursday: \$14 first hour then \$6 each additional hour

Friday – Sunday: \$14 per hour